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FOOD STAMP PROGRAM City of St. Louis



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AUG 1 9 1964





FOREWORD

This publication is intended to provide information on the Federal Food Stamp Program, a food assistance plan for needy persons, to leaders of charitable, civic, and other organizations in St. Louis. It is hoped that with this manual those readers who are in close contact with such persons can provide a better understanding of the program to those who may be eligible to benefit from it.

The Food Stamp Program has been in operation in St. Louis since January 1963. While more than 10,000 persons in the City already are taking advantage of this plan, undoubtedly thousands of others could participate if they understood its operation and the benefits to be derived.

The program has been explained to the St. Louis public through newspapers, radio, and television, plus special meetings with groups of low-income families. However, a widespread "person-to-person" approach also is needed to answer questions affecting participation by individual households. This is where leaders such as you can help. We earnestly ask for your cooperation in this attempt to get more needy families in St. Louis the quantity and variety of foods they need.

United States Department of Agriculture

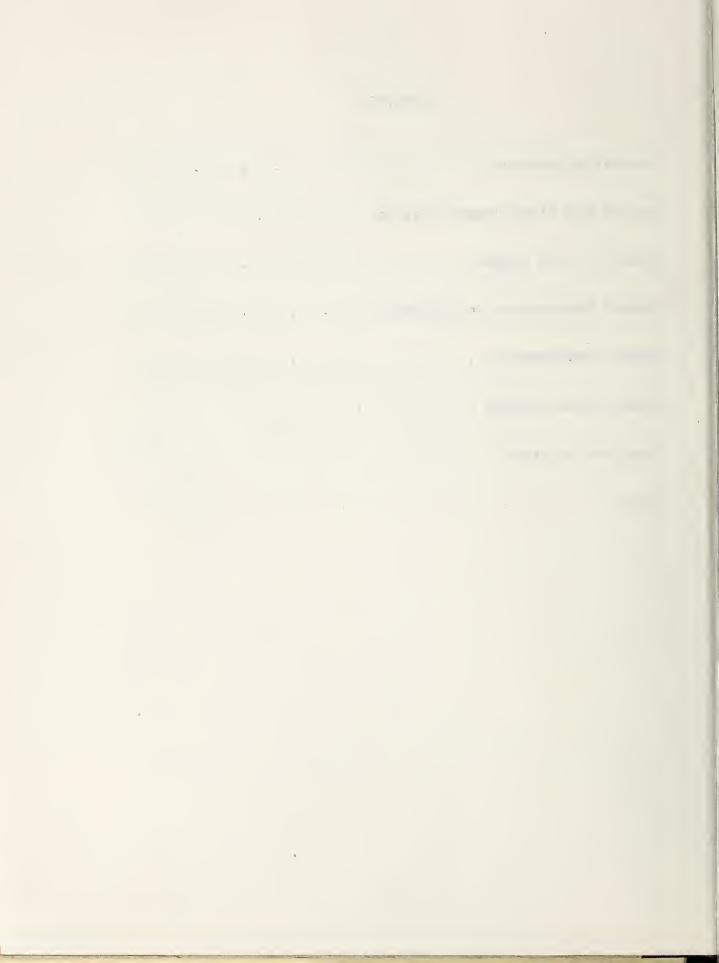
Department of Public Health & Welfare-State of Missouri

Office of the City Comptroller, St. Louis, Mo.



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COOPERATING AGENCIES

U. S. DEPARTMENT OF AGRICULTURE

Agricultural Marketing Service

Food Distribution Division

John T. Means Project Supervisor Rm. 934 - U.S. Court City of St. Louis and Customs House 1114 Market Street Phone: 622-4702

Administers program in the

STATE OF MISSOURI

Division of Welfare

St. Louis City Office

J. P. Lynes City Director 627 N. Euclid St. Phone: F0 1-5651 Certifies recipients as eligible to participate

CITY OF ST. LOUIS

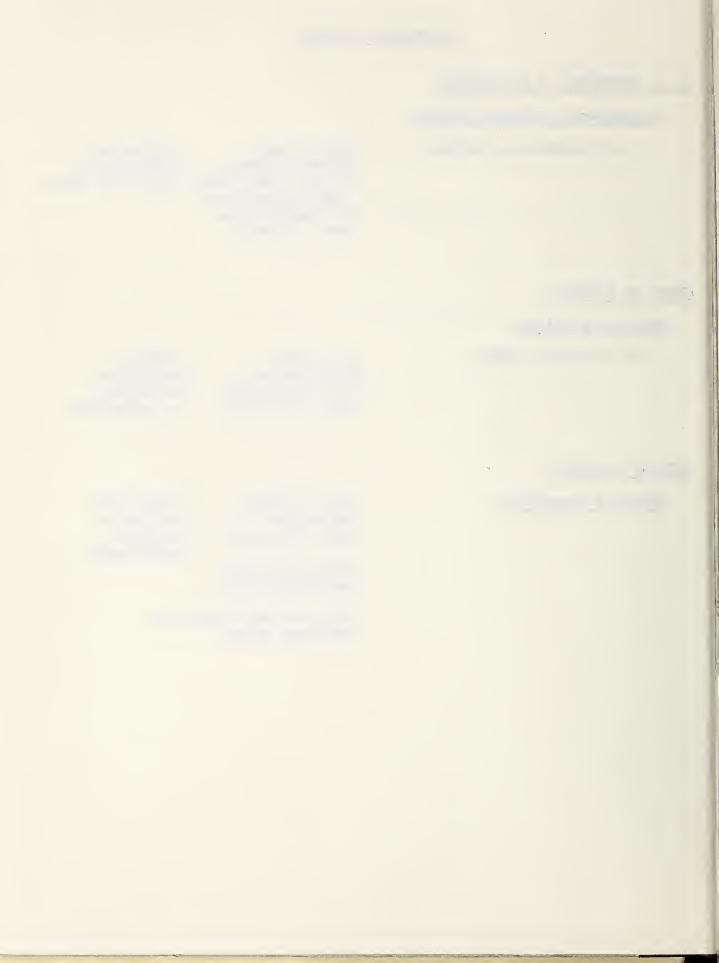
Office of Comptroller

John H. Poelker Comptroller Phone: MA 1-5560

Issues food coupons to certified participants

13th & Biddle Sts. (Northside Office)

918 - 920 Vandeventer Ave. (Southside Office)



HOW THE FOOD STAMP PROGRAM OPERATES

How does it work? The Food Stamp Program, which is intended to make a greater amount and variety of food available to needy families by increasing their purchasing power, operates through normal channels of trade. It has replaced the former distribution of certain government donated foods to low-income families in the St. Louis area.

If a family's income will not enable it to purchase the quantity and variety of foods required to meet its basic nutritional needs, it may be certified to participate in the Food Stamp Program. Such certification is carried out by the City Office of the Missouri Department of Public Health and Welfare on the basis of standards developed by this department in cooperation with the U.S. Department of Agriculture. These families may or may not be receiving public welfare assistance.

After certification, and in order to remain certified, a family is required to purchase coupons at regular intervals. The required purchase is based on the amount of money normally spent by that family for food. Free "bonus" coupons are added at this time. (Tables in the back of this publication show the cash purchase requirements and bonus coupon allotments for families of various sizes and incomes.)

Participants may exchange their coupons for food at any retail store that has been officially authorized by the U.S. Department of Agriculture to accept the coupons. Since more

than 900 retailers in St. Louis have been authorized, participants probably will be able to continue shopping at their favorite stores.

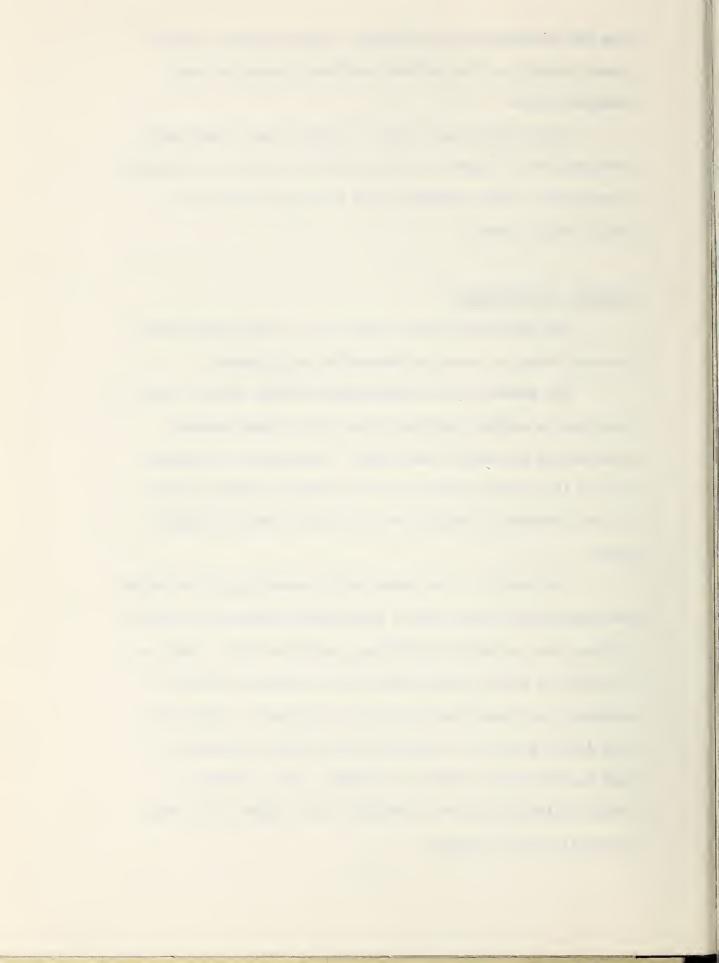
Food coupons can be used to purchase all domestically produced foods. However, certain imported foods are ineligible. (See page 6). These coupons cannot be used to buy food in public eating places.

BENEFITS OF THE PROGRAM

How does this program benefit me? This question, more than any other, is asked by prospective participants.

The answer is, the participating family is able to buy more food in a wider variety, by the use of bonus coupons which add to the normal food budget. Generally, the persons who are in the most need receive the greatest number of free or bonus coupons in relation to their cash purchase requirement.

For example, a St. Louis family consisting of two adults and three small children has a net monthly income of only \$105. Of this, they allow \$45 to \$50 each month for food. They soon find that in order to give each one the quantity of food he requires, this money must be spent on inexpensive bulk foods. This leaves little or no money for nutritional necessities, such as, fresh meat, fruits, vegetables, milk, and eggs. General malnutrition, and sometimes actual hunger, can result from this type of feeding.



Under the Food Stamp Program, this family would be required to spend \$46 each month for coupons, but would receive a total of \$86 as its monthly allotment. Thus, the family's food purchasing power is almost doubled. This enables the children to have fresh milk regularly and allows everyone frequent servings of fresh meat, fruits, and vegetables.

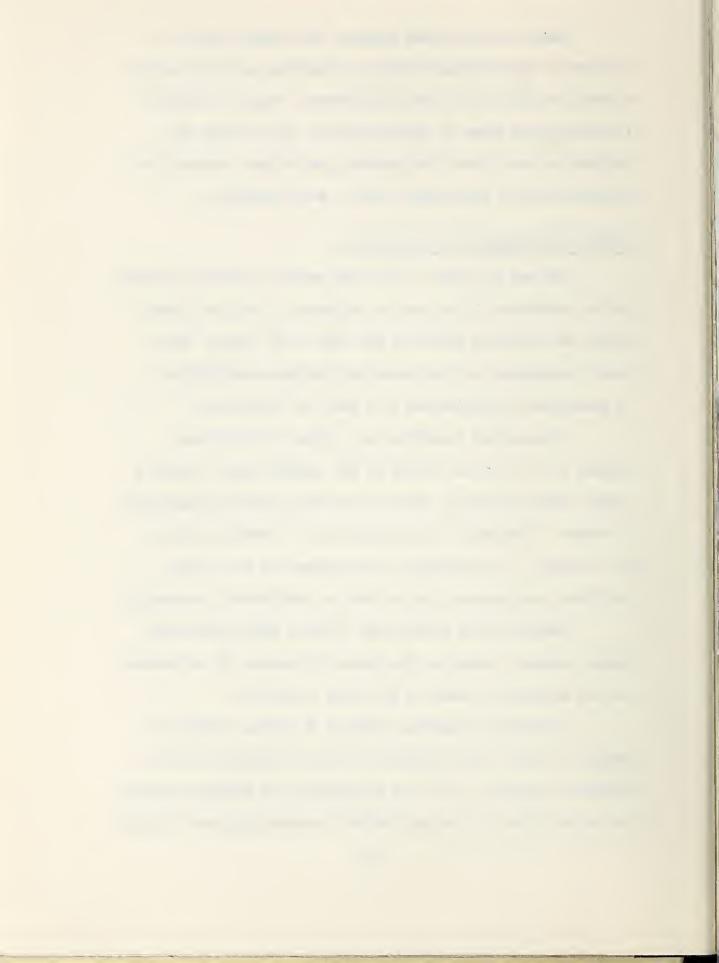
GENERAL REQUIREMENTS FOR ELIGIBILITY

Who can take part? All needy persons, whether receiving public assistance or not, may be eligible, if they are living within the corporate limits of the City of St. Louis. Once those requirements are met--need and residence--eligibility to participate is determined on a basis of "households."

A"household" is defined as a group of individuals, related or not, who are living as one economic unit, sharing a common cooking facility, and for whom food usually is purchased in common. (Residents of an institution or boarding home are not included.) An individual living alone who has cooking facilities and prepares food at home is considered a household.

Households may participate if their total income and liquid assets, related to the number of persons, do not exceed certain amounts (as shown on the table on page 8).

Households consisting entirely of persons receiving public aid (under such programs as Old Age Assistance, Aid to Dependent Children, Aid to the Permanently and Totally Disabled, Aid to the Blind, and General Relief) automatically are eligible.



Under the public aid standards similar to those of the Food Stamp Program, these people already have been determined to be in need.

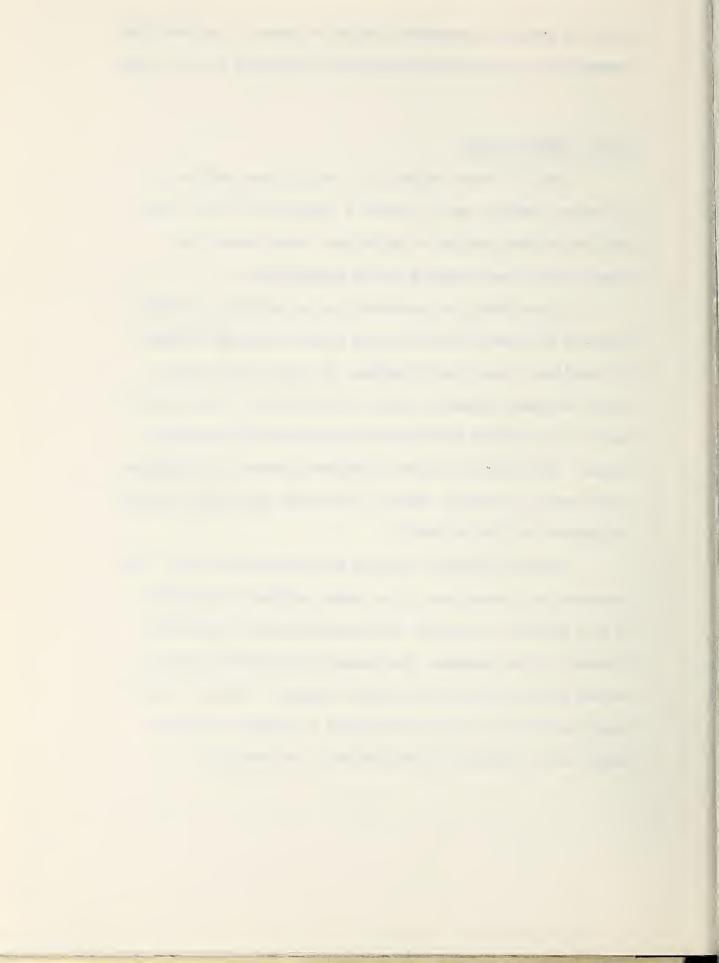
SPECIAL CONSIDERATIONS

What if I can't afford it? Possibly some welfare or low income families can't, because a large part of their money goes for shelter, medical or child care costs leaving not enough cash to meet coupon purchase requirements.

In St. Louis, an adjustment can be made if an eligible household pays more than 30 percent of its income for shelter. This applies to rent plus utilities, or in the case of home owners, mortgage payments, taxes, and utilities. These costs in excess of 30 percent are subtracted from the total household income. The resulting figure of adjusted income is then applied to the Basis of Issuance Tables to determine the coupon purchase requirement for the household.

Continuing medical expenses also may qualify a St. Louis household for a reduction in its coupon purchase requirement.

If this expense is verified and approved by the city welfare director, or his delegate, the household income figure may be reduced by the amount of the medical expense. The lower income figure would then determine the amount of coupons to be purchased and the amount of bonus coupons to be received.



If a person must pay for child care in order to obtain or hold a job, this expense also may be deducted from the household income figure to determine an adjusted basis of coupon issuance.

PROCEDURE FOR APPROVAL

How does a family get started in the program? The head of the household can apply for certification at the City Office of the Missouri State Department of Public Health and Welfare. He, or she, must appear in person with written proof (in so far as possible) of:

- 1. Residence in the City of St. Louis.
- 2. Amount and sources of all income for the household.
- 3. Information as to total liquid assets of the household (including cash on hand or in a safety deposit box, checking and savings accounts, postal savings, building and loan stocks and bonds).
- 4. Names and ages of all members of the household and the relationship of each to the head of a household.

Any later changes in this information must be reported promptly and participants must be recertified periodically.

Households in which all members are receiving public aid are recertified for the Food Stamp Program at the time they are re-approved for public assistance.

Participants may drop out of the program at any time.

RULES FOR RECIPIENTS

Are there any other requirements? Yes, after certification participants must follow a few simple regulations.

As soon as he is certified, the head of a household is issued a Food Stamp Identification Card, which he or his authorized proxy must sign. This card must be shown when buying food coupons and, if requested, it must also be shown at the retail store when making a purchase.

Certified households must buy coupons regularly in order to retain their eligibility. A record of irregular purchases without justifiable cause may disqualify such households.

The head of household must purchase coupons at the time and issuing office designated on his identification card. He must use cash, as checks will not be accepted. Each book of coupons—but not individual coupons—must be signed by the purchaser.

Before making purchases each recipient should be sure the store is authorized to accept Food Stamp Coupons.

Only the head of household, members of his immediate family, or an authorized proxy are allowed to buy food with the coupons.

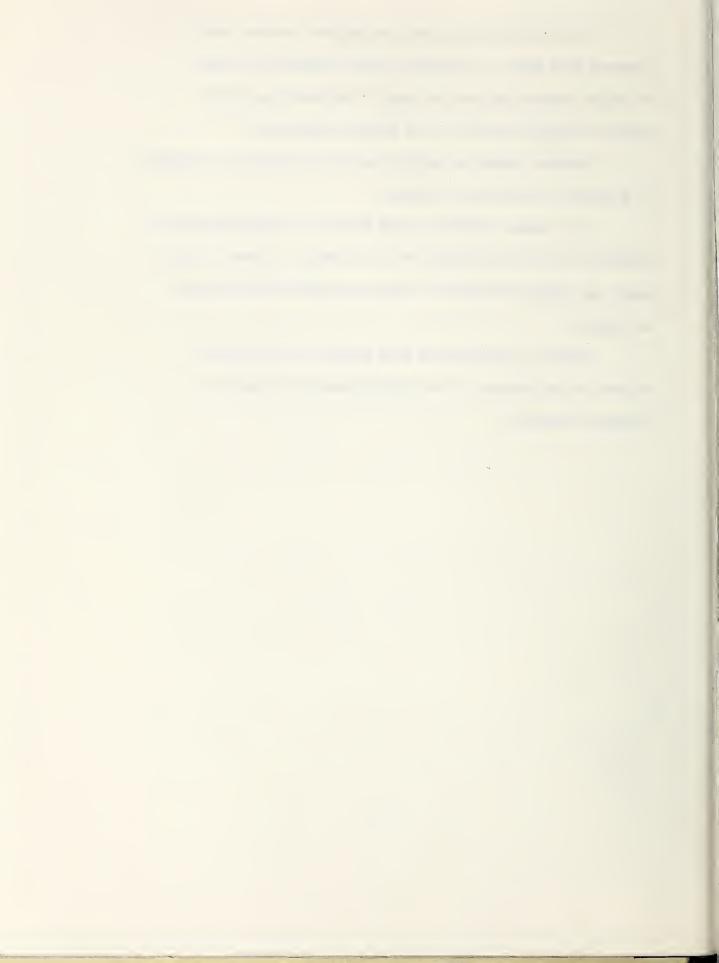
All foods or food products which are for human consumption may be purchased with Food Stamp Coupons. Exceptions are imported items such as coffee, tea, cocoa (as such), bananas, and those products clearly identifiable from the package as foreign imports. Also excepted are alcoholic beverages, pet foods, and tobacco.

At the checkout counter participants always should separate food items to be paid for with coupons from items for which coupons may not be used. They should promptly notify the cashier that it is a coupon transaction.

Coupons cannot be used to pay for past debts or retained by a retailer for future purchases.

All coupons should be kept intact in their books, and detached only in the presence of the cashier. However, recipients may keep loose 50-cent coupons received from retailers as change.

Finally, participants must notify the Division of Welfare of any change in their liquid assets or number of household members.

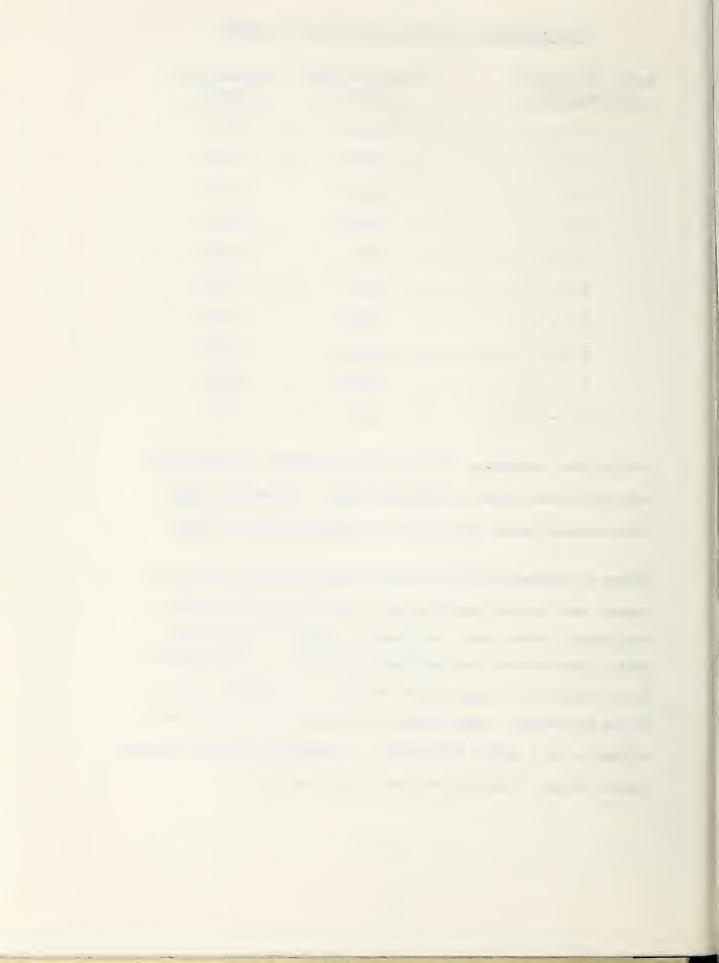


TOTAL HOUSEHOLD INCOME & LIQUID ASSET MAXIMUMS

Number of Persons in Household	Maximum Monthly Income	Maximum Liquid Assets
1	\$120.00	- - \$500.00
2	160.00	500.00
3	190.00	- - 570 . 00
4	210.00	630.00
5	230.00	690.00
6	250.00	750.00
7	270.00	810.00
8	290.00	870.00
9	310.00	930.00
10	330.00	990.00

For families consisting of more than 10 persons, add \$20.00 for each additional person on monthly income; the maximum liquid assets cannot exceed three times the maximum monthly income.

Income is defined as gross income, after all deductions such as Federal and State withholding taxes, City Earnings Tax, OASDI deductions, union dues, retirement or pension contributions, health insurance and hospitalization payments. Payment made to the household by roomers and/or boarders is considered income to the household. Liquid assets are defined as including cash on hand or in a safety deposit box, checking and savings accounts, postal savings, building and loan stocks, and bonds.



		THLY*	
If monthly: net income: is:	Participant must purchase this amount of coupons	Participant gets this amount of free coupons	: Total : Coupons : Received :
	One-Perso	n Household	
\$ 0 - 19.99	\$4	\$10	\$174
20 - 29.99	8	8	16
30 - 39.99	10	8	18
40 - 49.99	12	6	18
50 - 59.99	יוֹדנ	6	20
60 - 79.99	16	6	22
80 - 99.99	18	6	24
100 - 120	20	6	26
	Two-Perso	n Household	
\$ 0 - 19.99	\$4	\$20	\$24
20 - 29.99	8	20	28
30 - 39.99	12	18	30
40 - 49.99	16	18	34
50 - 59.99	18	18	36
60 - 69.99	20	18	38
70 - 79.99	214	16	40
80 - 99.99	28	16	2,2,
100 -119.99	32	<u> </u> ፓ/ተ	46
120 -139.99	36	12	48
140 -160	40	10	50

^{*} Purchase can also be made on a semi-monthly basis at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.

MONTHLY*			
Net Income :	Participant Must Purchase This Amount of Coupons	Participant Gets This Amount of Free Coupons	: Total : Coupons : Received :
	Three-Per:	son Household	
\$ 0 - 19.99	\$ 6	\$32	\$38
20 - 29.99	10	32	42
30 - 39.99	זוי	30	7171
40 - 49.99	18	30	48
50 - 59.99	2 2	2 8	50
60 - 69.99	26	28	54
70 - 79.99	30	26	56
80 - 89.99	34	26	60
90 - 99.99	38	24	62
100 - 119.99	र्गर	22	66
120 - 139.99	50	20	70
140 - 159.99	56	18	74
160 - 179.99	62	16	78
180 - 190	66	1 ℓ₁	80

^{*} Purchase can also be made on a semi-montly basis, at half the above monthly amounts. Free and total coupons would also be half the monthly amounts shown.



MONTHLY *			
If Monthly: Net Income: Is:	Participant Must Purchase This Amount of Coupons	: Participant : Gets This Amount : of Free : Coupons	: Total : Coupons : Received
	Four -	Person Household	
\$ 0 - 19.99	\$ 6	\$44	\$50
20 - 29.99	10	42	52
30 - 39.99	14	42	56
40 - 49.99	20	710	60
50 - 59.99	24	710	64
60 - 69.99	28	38	66
70 - 79.99	32	38	70
80 - 89.99	36	36	72
90 - 99.99	40	34	74
100 - 109.99	7171	32	76
110 - 119.99	48	30	78
120 - 139.99	54	28	82
140 - 159.99	60	26	86
160 - 179.99	66	24	90
180 - 199.99	70	22	92
200 - 210	74	20	94
200 - 210	74	20	94

^{*} Purchase can also be made on a semi-monthly basis, at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.

MONTHLY*			
Net Income : M	Participant ust Purchase is Amount of Coupons	: Participant : Gets This Amount : of Free : Coupons	: Total : Coupons : Received :
	Five-Pers	on Household	
\$ 0 - 19.99	\$ 6	\$52	\$58
20 - 29.99	10	50	60
30 - 39.99	1);	50	64
40 - 49.99	20	L ₄ 8	68
50 - 59.99	24	4 8	72
60 - 69.99	30	46	76
70 - 79.99	34	46	80
80 - 89.99	3 8	7171	82
90 - 99.99	42	42	84
100 - 109.99	46	40	86
110 - 119.99	50	38	88
120 - 129.99	54	36	90
130 - 139.99	58	34	92
140 - 159.99	64	32	96
160 - 179.99	70	30	100
180 - 199.99	76	2 8	104
200 - 219.99	82	26	108
220 - 230	88	214	112

^{*} Purchases can also be made on a semi-monthly basis, at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.

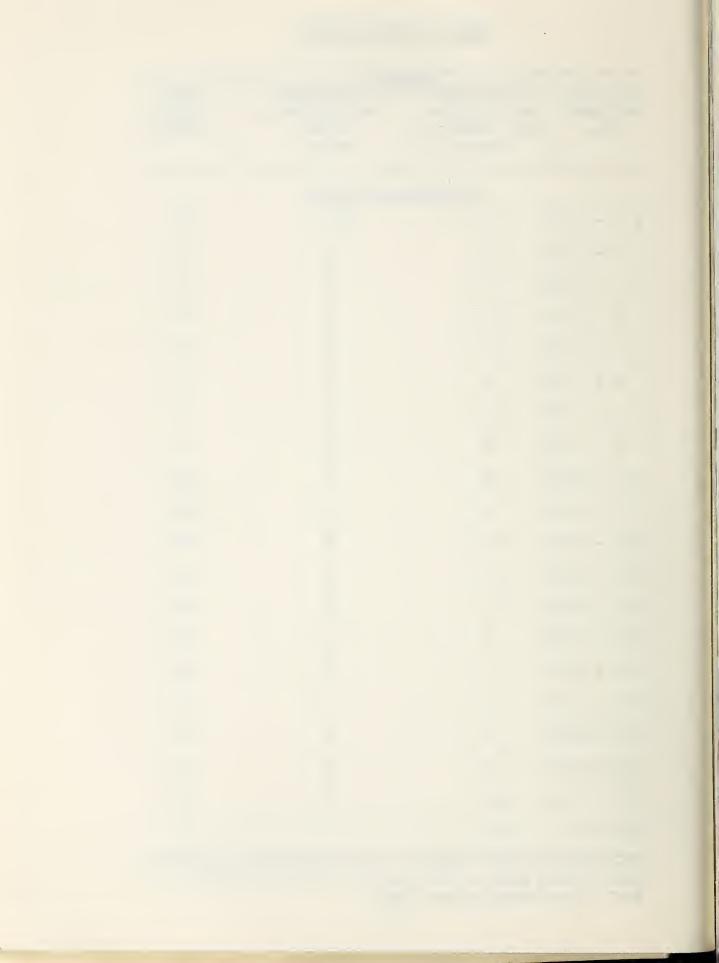
MONTHLY *				
	Participant Furthase Tis Amount of Coupons	: Participant : Gets This Amount : of Free : Coupons	: Total : Coupons : Received :	
	Six-Pers	on Household		
\$ 0 - 19.99	\$ 6	\$60	\$66	
20 - 29.99	10	58	68	
30 - 39.99	זוו	58	72	
40 - 49.99	20	56	76	
50 - 59.99	24	56	80	
60 - 69.99	30	514	84	
70 - 79.99	34	52	86	
80 - 89.99	ЦО	50	90	
90 - 99.99	717	48	92	
100 - 109.99	48	46	94	
110 - 119.99	52	71)1	96	
120 - 129.99	56	4 2	98	
130 - 139.99	62	140	102	
140 - 159.99	68	38	106	
160 - 179.99	74	36	110	
180 - 199.99	80	34	114	
200 - 219.99	86	32	118	
220 - 239.99	92	30	122	
240 - 250	98	28	1 26	

^{*} Purchases can also be made on a semi-monthly basis, at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.



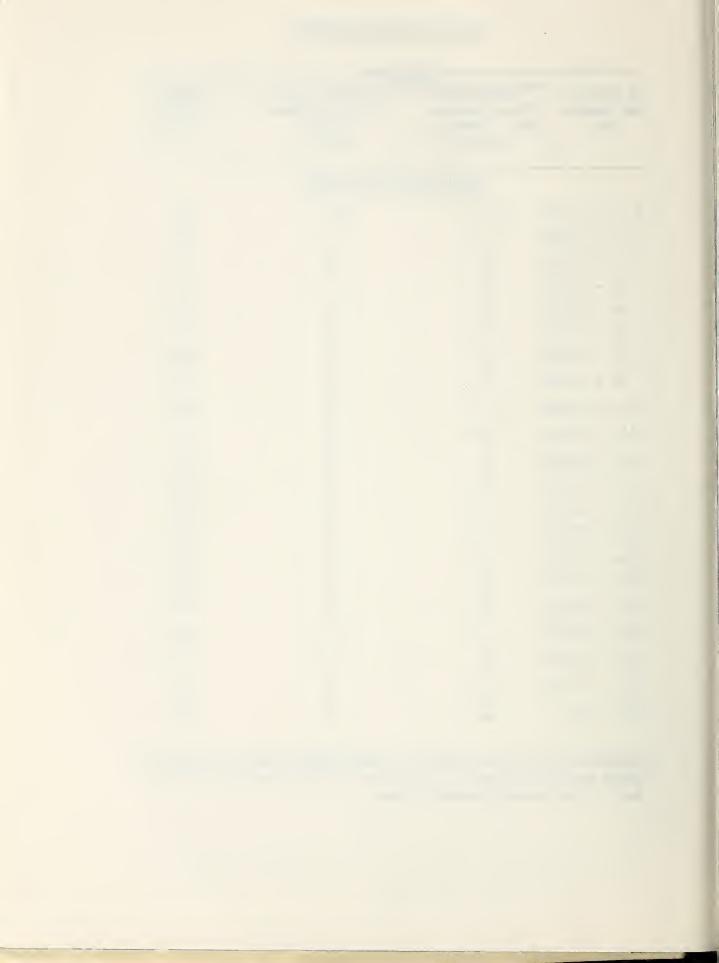
MONTHLY*					
	Participant Must Purchase his Amount of Coupons	Participant Gets This Amount of Free Coupons	: Total : Coupons : Received :		
	Seven-Person Household				
\$ 0 - 29.99	\$ 8	\$66	\$74		
30 - 39.99	<u> 1</u> 7†	64	78		
40 - 49.99	20	62	82		
50 - 59.99	24	62	86		
60 - 69.99	30	60	90		
70 - 79.99	34	58	92		
80 - 89.99	40	56	96		
90 - 99.99	7474	54	- 98		
100 - 109.99	50	52	102		
110 - 119.99	54	50	104		
120 - 129.99	60	48	108		
130 - 139.99	64	46	110		
140 - 149.99	68	1,1,	112		
150 - 159.99	72	1,1,	116		
160 - 179.99	78	42	120		
180 - 199.99	84	40	124		
200 - 219.99	90	38	128		
220 - 239.99	96	36	132		
240 - 259.99	102	34	136		
260 - 270	106	32	138		

^{*} Purchases can also be made on a semi-monthly basis, at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.



	MON	THLY *	
If Monthly: Net Income: Is:	Participant Must Purchase This Amount of Coupons	: Participant : Gets This Amount : of Free : Coupons	: Total : Coupons : Received :
	Eight-Per	son Household	
\$ 0 - 29.99	\$ 8	\$72	\$80
¹ 30 - 39.99	1),	70	84
40 - 49.99	20	68	88
50 - 59.99	214	68	92
60 - 69.99	30	66	96
70 - 79.99	34	64	98
80 - 89.99	40	62	102
90 - 99.99	2,14	60	104
100 - 109.99	50	58	108
110 - 119.99	514	56	110
120 - 129.99	60	54	11),
130 - 139.99	64	52	116
140 - 149.99	70	50	120
150 - 159.99	74	50	124
1 60 - 179.99	80	48	128
180 - 199.99	86	46	132
200 - 219.99	92	44	136
220 - 239.99	98	42	1110
240 - 259.99	104	40	7//
260 - 279.99	110	38	1 148
280 - 290	111,	36	150

^{*} Purchases can also be made on a semi-monthly basis, at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.



MONTHLY *				
	Participant Must Purchase his Amount of Coupons	: Participant : Gets This Amount : of Free : Coupons	: Total : Coupons : Received	
	Nine-Pe	rson Household		
\$ 0 - 29.99	\$ 8	\$76	\$84	
30 - 39.99	י חי	74	88	
40 - 49.99	20	72	92	
50 - 59.99	24	72	96	
60 - 69.99	30	70	100	
70 - 79.99	34	68	1.02	
80 - 89.99	40	66	106	
90 - 99.99	<u> 7†7</u> †	64	108	
100 - 109.99	50	62	112	
110 - 119.99	54	60	11/1	
120 - 129.99	60	58	118	
130 - 139.99	64	56	120	
140 - 149.99	70	54	124	
150 - 159.99	74	54	128	
160 - 179.99	80	52	132	
180 - 199.99	86	50	136	
200 - 219.99	92	48	1) ¹ 0	
220 - 239.99	98	46	77171	
240 - 259.99	104	7+7+	3718	
260 - 279.99	110	42	152	
280 - 299.99	11)1	40	154	
300 - 310	118	40	1 58	

^{*} Purchases can also be made on a semi-monthly basis, at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.



	n n	MONTHLY *	
If Monthly: Net Income: Is:	Participant Must Purchase This Amount of Coupons	: Participant : Gets This Amount f : of Free : Coupons	: Total : Coupons : Received :
	Ten-Pe	erson Household	
\$ 0 - 29.99	\$ 8	\$80	\$88
30 - 39.99	1) [†]	78	92
40 - 49.99	20	76	96
50 - 59.99	24	76	100
60 - 69.99	30	74	104
70 - 79.99	34	72	106
80 - 89.99	<u></u> μο	70	110
90 - 99.99	7171	68	112
100 - 109.99	50	66	116
110 - 119.99	54	64	118
120 - 129.99	60	62	122
130 - 139.99	64	60	124
140 - 149.99	70	58	128
150 - 159.99	74	58	132
160 - 179.99	80	56	136
180 - 199.99	86	54	JJ‡O
200 - 219.99	92	52	יוירנ
220 - 239.99	98	50	T/18
240 - 259.99	104	48	152
260 - 279.99	110	46	156
280 - 299.99		1,11	158
300 - 319.99	118	1,1,	162
320 - 330	122	1,1,	166

^{*} Purchase can also be made on a semi-monthly basis, at half the above monthly amounts. Free and total coupons would also be half of the monthly amounts shown.







